

Joined on 20 May 2009 at 16:04

Alison: Alison spoke about the importance of educating about condoms

Alison: question: is testing for HIV free in NZ? It is free in NZ but not overseas.

Alison: other STI tests are free in New Zealand

Alison: when testing for HIV, need to have conversation around the reasons for having it done

Alison: need to spend time and gain rapport to get honesty when interviewing

Alison: questions need to be asked about sex and sexual partners

Alison: once people understand the reasons for the questions it is usually easier

Alison: easier in a sexual health clinic than in a GP practice

Alison: the age of the person may make a difference to the interview process for the nurse

Alison: and also regarding the advice you give them - will do a disservice if you as a nurse do not give them the proper information because you assume because of their age, for example, that they may not be having sex

Alison: 14 yrs old might be discouraged from having an HIV test but depends on history

Alison: when people come in fearful is a good time to pass on information about HIV prevention

Alison: pre-test counselling - what is the risk, what do you know about the risk?

Alison: then educate them about the risk

Alison: 6 weeks before a positive will show up - 80%

Alison: 3/12 is more accurate

Alison: if other immune compromising conditions - hepatitis, glandular fever etc may mask HIV test so best to wait 6/12

Alison: it is tough for people when they have to wait as they may be panicked

Alison: bring out the condoms

Alison: Practise using the condoms so you are more informed

Alison: help people learn to be assertive about the use of condoms

Alison: asking about partners can be tricky and other partners and has their partner had other partners

Alison: one person's idea of being monogamous might not be the same as another person's

Alison: "fuck buddies"

Alison: issues for heterosexual and homosexual people

Alison: middle-aged people in long term relationships can also be an issue

Alison: Alison says it is important in any sexual health counselling to ask all people with any STI about multiple partners

Alison: some people will not reveal information if they think it will shock the nurse

Alison: if questions are presented in a normal manner it is not usually taken as offensive

Alison: need to ask about oral, anal, vaginal, receptive anal sex, penetrative sex and where so swabs can be taken to test for infection

Alison: can have anal sex without tearing

Alison: HIV can absorb rapidly via anal mucosa

Alison: vaginal mucosa is more protective however presence of other infections increases likelihood of mucosa being protective

Alison: hello colette

Alison: syphilis increases risk

Alison: trichomonas dramatically increases chances of getting infections

Alison: causes a lot of inflammation

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Alison: If have chlamydia, gonorrhoea more likely to infect somebody so HIV easier to pass on

Alison: pre-test counseling what is risk and why the risk and windows - time periods for tests

Alison: how long to wait for results

colette blockley: Hi, Colette here at last. Nice to hear you Alison.

Alison: alison is bronwyn and bronwyn is alison

Alison: very stressful time waiting for results

Alison: ensure support people are around

Alison: when people get a shock they do not usually hear anything else - need someone to be available if test is positive

Alison: make sure person has calmed down before they leave and someone to talk to - so they are kept safe.

Alison: cannot hear you

Alison: click the button then let it go

colette blockley: Ok I can hear you

Alison: tools/audio/audio set up wizard - best to run through that

colette blockley: Ok

Alison: post-test counselling

Alison: if test is positive - specialist and other support people

Alison: still cannot hear you

colette blockley: When I click it doesn't gray out. When I try to set up the audio wizard it tells me I can't do this whilst I'm talking

Alison: often people will not change lifestyle if test is negative

Alison: high risk if unprotected sex with multiple partners

Alison: have to help people understand the high level of risk if they do not use condoms - how to get them to change their behaviour

Alison: need to apply personally and emotionally

Alison: pre & post test counselling is about helping people change their lifestyles and risk is lessened

Alison: how to get the point across

Alison: \$3 per 144 condoms

Alison: a bargain!

Yvonne Newby: that was going to be my next question - cheap condoms. Thanks

Alison: give them condoms

Alison: also do full STD test

Alison: once results are given the chance to educate is over

Yvonne Newby: were those your birds Colette?

Yvonne Newby: yes!

Alison: yes

Yvonne Newby: talk colette

Alison: we heard you

Alison: let go the button colette

colette blockley: I have set up the audio wizard, however I can't hear you consistently now

Yvonne Newby: yes

Yvonne Newby: we can hear you

Alison: two partners both have HIV why use condoms

Yvonne Newby: it mutates

Alison: HIV keeps developing so no way to know if both have the same strain

Alison: yes yvonne

Alison: still need to use condoms if both have HIV

Alison: one may have a more virulent strain than the other person

Alison: may end up with drug resistant and extremely virulent strain

Alison: safe sex even more important if have HIV

Alison: yvonne the tv clip is at: http://wikieducator.org/HIVAIDS/Resources#New_Zealand

colette blockley: I remember now

Yvonne Newby: your asking my questions for me Colette - thanks!

Yvonne Newby: money - the eternal problem

Yvonne Newby: how do I get a copy of this article?

Left on 20 May 2009 at 17:08